

# AYSO Region 27

Coaches Meeting  
Fall 2010



**Saratoga  
Soccer**

[www.saratogasoccer.org](http://www.saratogasoccer.org)

# Agenda

- Welcome and Introductions
- General Reminders
- Logistics
- Dates for your Calendar
- Team Rosters and Field Assignments



# Who is eligible for AYSO Volunteer Protection?

- Those who have filled and submitted a volunteer form every year i.e. **you must be registered.**
- Those who have been **AYSO trained and certified** in their required field (record of training or certification course attendance is maintained on eAYSO).
- Those who have a job description and who act in accordance with the AYSO policies, procedures and guidelines.



# SUPERVISION

- You (Head coach) are responsible for the children until a designated adult has taken charge of each child after practice or a game.
- You should ensure that there is always another adult present especially if you are coaching a team of children of the opposite gender.
- Formulate a plan in case a parent is late.
- You should not allow yourself to be alone with any child or group of children during AYSO sponsored activities.



# CONDUCT

- The region expects and advocates exemplary behavior by all participants.
- Making statements that can be construed as abusive are not permitted.
- Physical, emotional, sexual and ethical abuse is prohibited and also neglect or endangerment of a child.
- SOME forms of touching are acceptable as long as they are respectful and appropriate.



# Volunteer Forms and Certifications

- Volunteer Forms
  - Everyone must complete a volunteer form once per year
  - No volunteer form – no roster/uniform.
- Safe Haven for Coaches (on-line @ <http://www.aysotraining.org/courselist.html> )
  - Mandatory for all coaches before you start working with the players.
  - Protects you in the event of lawsuit, protects the kids too.
  - You only need to take it once in your coaching lifetime.
- Age Appropriate Training
  - We request all of our coaches to complete training to the appropriate level.



# Online Training

- AYSO Online Training
  - <http://www.aysotraining.org/courselist.html>



**Online Certification & Training Courses**

[Course R001 - Safe Haven for Referees](#) (approx. 20-30 min course)

[Course C001 - Safe Haven for Coaches](#) (approx. 35-45 min course)

[Course M001 - BASIC Management](#) (approx. 20-30 min course)

[Course MT01 - Treasurer 1](#) (approx. 20-30 min course)

[Course C002 - U-8 Coach](#) (approx. 20-30 min course)

[Course C003 - U-10 Coach](#) (approx. 30-40 min course)

[Home](#) | [Help & FAQ's](#)

- All you need is your AYSO ID.
  - Instructions for getting your ID are on our website.
  - Contact me if you don't have your ID.



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# Coach Responsibilities

- Positive Encouragement
  - Tell your players what they did well, tell them what they need to improve on and then reiterate what they did well.
  - Zero tolerance for any sort of abuse.
  - Coaches are responsible for the conduct of players, parents and friends.
- Game Cards
  - You must complete game cards for all games in all divisions.
- Field position
  - Coaches and supporters should be on opposite sides of the field when conditions permit. Home team (first on the list) has preference.
  - Coaches will keep players and spectators three yards back from the touchline. No one is allowed behind the goal line.



# Coach Responsibilities

- 3 Quarter Rule
  - No player can play a fourth quarter until all players have played three quarters.
  - Strongly suggest that you have your plan made out in advance of your game.
  - Not attending practice is not a valid reason for not giving your player(s) the required playing time.
- Blow outs
  - Running up scores is discouraged.
  - Let's manage it when it gets to a 4 goal differential. Lets not let it go past 5.
- Color conflict
  - Home team (first team on the list) has to wear pinnies.
- Do nots
  - No alcoholic beverages, smoking, or tobacco use activities are permitted on or near the playing field.
  - No dogs.
- Issue/Conflict Resolution
  - Take it offline.
  - Involve the Board if necessary



# Practice and Games

- Respect Field Closure Guidelines
  - DO NOT PLAY on the fields if they are closed. Check the website before your practice/game.
  - DO NOT PLAY if it is raining.
- Player Registration Forms
  - You will be given the registration forms for your players.
  - You must have these forms with you at all times.
  - Make a copy for your assistant and get the parents to sign it again! (prefer Blue Ink)
  - Very important, release form in case of medical emergency.



# Team sizes by division

- U5/U6
  - Teams play 3v3
  - Size 3 ball
- U8
  - Teams play 5v5
  - Size 3 ball
- U10
  - Both divisions play 7v7
  - Size 4 ball
- U12
  - Both divisions play 9v9 and will interlock with Area 2J
  - Size 4 ball
- U14/16
  - Both divisions play 11v11 and will interlock with Area 2J
  - Size 5 ball

\*\*\* Game Schedule will be posted in August \*\*\*



# Your Training Schedule

- Location and Time is based on your schedule.
- Field assignments will be given out later.
  - We want to try to get teams in the same general age bracket to practice at the same times at the same locations. Makes it easier for coaching support.
- Recommended timings
  - 1 x 90min session for U8's.
  - 2 x 90min session for all others.
- It pays to have session plans prepared in advance
- To request changes send email to:  
[practicefields@saratogasoccer.org](mailto:practicefields@saratogasoccer.org)



# Parent Meeting/Parent Volunteers

- Try to get this completed prior to the first practice.
- Use it as an opportunity to let the parents know how you plan to run the team.
  - Your philosophies, your expectations
- Most important, sign up parent volunteers for every task. You will have enough to do simply coaching the team.

» Sample Agenda for Team Meeting



Adobe Acrobat  
Document



# Need more parent support

- We need more volunteers
- Coaches are best positioned to convince, cajole, persuade parents, older siblings, responsible adults to sign up to coach.
- Get the parents involved in your practices.
- We need more coaches.



# Equipment

- Standard Coaches kit
  - Cones, Balls, First aid kit, Clip board, Keeper jersey
- Optional (but recommended) accessories.
  - Spare uniforms, shin guards, keeper gloves, pinies
- Need gear?
  - Send me an email and let me know what you want. Email: [coach@saratogasoccer.org](mailto:coach@saratogasoccer.org)



# Coaches Support

- Alex Saunders
  - [alex@ussoccercoaching.com](mailto:alex@ussoccercoaching.com)
- [www.saratogasoccer.org](http://www.saratogasoccer.org)
  - Coaches tab



# Dates for your calendar

- Contact your players – this weekend
- Start practicing – August 16<sup>th</sup>
- Coach Training (sign up at eAYSO)
  - July 25<sup>th</sup> or August 8<sup>th</sup> for U5-U10
  - August 1<sup>st</sup> for U12
- Soccer Fest– August 28<sup>th</sup>
- Opening Day – September 11<sup>th</sup>
- Picture Day – September 11<sup>th</sup>
- Make up picture day – September 22<sup>nd</sup>



# Rosters and Field Assignments

- Break out in to your Divisions
- Go through your list and make sure you have a form for each player on your roster.
- Go see the practice field coordinator



# Have a GREAT season!

The logo for Saratoga Soccer, featuring the words "Saratoga" and "Soccer" in a bold, black, sans-serif font. The text is positioned over a stylized soccer ball graphic that is partially visible on the left side of the logo.

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